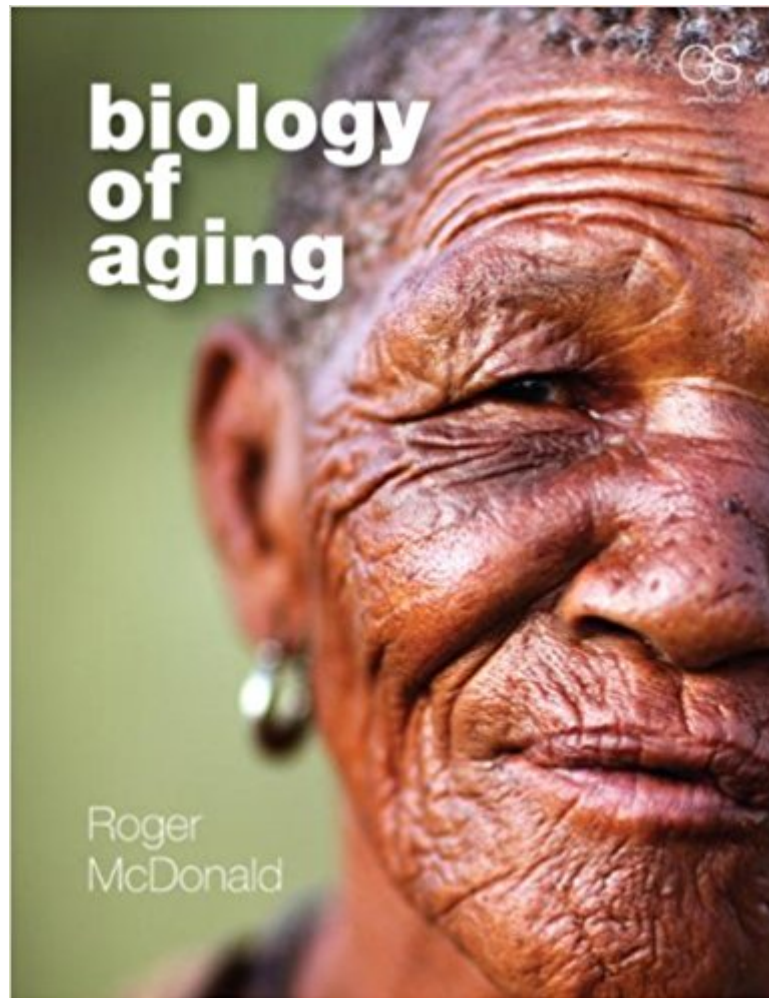




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Biology Of Aging



Synopsis

Biology of Aging presents the biological principles that have led to a new understanding of the causes of aging and describes how these basic principles help one to understand the human experience of biological aging, longevity, and age-related disease.Â Intended for undergraduate biology students, it describes how the rate of biological aging is measured; explores the mechanisms underlying cellular aging; discusses the genetic pathways that affect longevity in various organisms; outlines the normal age-related changes and the functional decline that occurs in physiological systems over the lifespan; and considers the implications of modulating the rate of aging and longevity. The book also includes end-of-chapter discussion questions to help students assess their knowledge of the material.

Book Information

Paperback: 360 pages

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Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (8 customer reviews)

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Customer Reviews

Great quality the capsules are safe and easy to swallow. No binders or fillers I feel very safe taking this product for my skin hair and nails. I avoid anything that isn't a gel capsule or organic. I will happily put this in my body everyday :)

This book is very informative and easy to retain the material. The examples and real life situations makes this book a great tool and guide as we age.

Badly over-priced textbook by an author with a lot of opinions about a lot of issues; some of which

even bear on the topic of instruction. I still do not understand what chapter 6, on plants, is doing in this book. The first 5 chapters on DNA and genetics also are surprising, but can be understood as setting the terms of his further discourse as he moves along into chapters on human geriatrics. Still, a text that titles itself "Biology of Aging" with a picture of an elderly human on the front that cannot manage to talk specifically about human aging until chapter 7 - the book has only 10 chapters - is not my idea of a well-crafted, on-topic anything. I truly would not recommend this textbook to anyone not needing it for a class. Also, the publisher supplied video add-ons are a total waste of Internet bandwidth IMO.

This book was a class requirement, which is very informative on aging.

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